

WOMEN *in* BUSINESS

THE INDEPENDENT

*is pleased to recognize the following women
for their professional contributions
to the local business community.*

MARCIE MILLAR, RD, LDN



Marcie Millar has been a registered dietician and licensed nutritionist for 25 years. She specializes in nutrition therapies for health and illness utilizing complementary and alternative care when needed. She is a Graduate of Foundations in Herbal Medicine with 225 hours of training by Tieraona Lowdog, MD. Vitamin Smart, her business, offers both consultation and retail hours. Marcie's focus is on customized planning. Each of her clients leaves her office with a care plan developed with them and unique to their health needs and lifestyle. Her 25 year background includes in-patient hospital, nursing home care and out-patient care. Clinically, she has worked on several nutrition support teams. She has been a weight management, diabetes and nutrition support instructor on a classroom and consultant basis. Health Insurance Accepted.

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VITAMIN SMART DIRECTIONS
40 Charles Street, Unit C Wakefield
782-6800 vitaminsmartdirectionsinc.com

KATELYN MCSHERRY

I got my start in the Marketing and Events industry after studying Communications and Business at The University of Rhode Island. I have always loved events; the thrill of planning them and watching the hard work come together before my eyes was always a special moment of success for me. With events comes marketing, and knowing how to efficiently and effectively promote an event is a skill I have found to embrace and love. After having a few entry-level events and marketing jobs, I found my current position at Edward A. Sherman Publishing Company as the Events Manager and Marketing Specialist. Working across all their publications, I handle everything from trade accounts to event planning to print and online advertising. I am currently enrolled in URI's Graduate School studying to receive my MBA with a focus on Marketing. In my spare time I love to travel, cook, entertain, and spend time with my family and friends.



EDWARD A. SHERMAN PUBLISHING COMPANY
401-380-2319 • MARKETING@NEWPORTRI.COM

CHRISTIE DENELLE CREAMER

Christie has a passion for helping others realize their dream of home ownership. As a wife, mother and former elementary school teacher her nurturing instinct helps to find clients the perfect match. Christie has lived in South County for most of her life, leaving only for college in Boston. This gives her the inside edge on the best schools, neighborhoods, restaurants, recreational activities, doctors and almost everything else about the area. Call her anytime whether buying or selling – she loves to welcome people to our beautiful community!



R. D. DENELLE & CO. REALTORS
Email Christie at christiecreamer@gmail.com
or call her at 783-7777 or 401-573-1633



KRISTINE S. TROCKI Attorney and Counsellor at Law



Kristine S. Trocki, Esq.



Monique M. Paquin, Esq.

Kristine S. Trocki, Attorney and Counsellor at Law, LLC ("KST Law") is a full-service community law firm located in the easily accessible center of scenic Jamestown, Rhode Island. Attorneys Kristine S. Trocki and Monique M. Paquin offer creative, mindful, and proactive legal solutions for their clients.

At KST Law client care and communication is their top priority. Kristine and Monique are very approachable and take the time to get to know all clients. When you call KST Law, you will always either speak directly with Kristine and/or Monique. Kristine and Monique practice law as a team. Both attorneys are always fully informed of all details in every client's matter. This close-knit team approach provides incisive, comprehensive and customized service and allows clients to receive the full benefits of two attorneys while only paying for one. Client satisfaction with this unique, personalized, and cost-efficient service has proven to set KST Law apart from many other law firms.

Kristine and Monique are each certified mediators and are licensed to practice law in Rhode Island and Massachusetts. Kristine is also the President of the Jamestown Town Council, Board Member of the Jamestown Chamber of Commerce, and Member of the Newport Chamber of Commerce.

As community lawyers and leaders, Kristine and Monique value their clients and work diligently to establish client satisfaction and long-term relationships. KST Law successfully provides legal representation and beneficial solutions for their clients' current and future legal needs in a wide variety of practice areas including: **Personal Injury & Auto Accidents; Divorce & Family Law; Mediation; Estate Planning & Powers of Attorney; Probate; Business/Employment & Contract Law; Landlord/Tenant Law; Medical Malpractice; Products Liability; Real Estate; Wrongful Death; Criminal & DUI Defense; and Collections.**

YOUR COMMUNITY LAWYERS

38 Narragansett Ave. Suite D | Jamestown, RI 02835
Tel. 401-423-3390 | trockilaw.com

DIANE CROSBY



Diane Crosby, Mortgage Loan Officer at People's Credit Union, has over twenty years of industry experience. In her role at People's, she is responsible for the origination of real estate mortgages, working with members to prepare and complete mortgage applications, and developing relationships in the community to promote the Credit Union's real estate products.

Diane is a member of the Women's Council of Realtors, the Greater Providence Board of Realtors, Kent Washington Board of Realtors and the Rhode Island Mortgage Bankers Association. In addition, Diane is a fitness enthusiast. She is a Certified Personal Trainer at Fiddle Fit, LLC, where she helps baby boomers and senior populations with their unique needs.

For more information on how Diane can help you with your mortgage needs please give her a call at 800.498.8930 or e-mail her at dcrosby@peoplescu.com.

PEOPLE'S CREDIT UNION
150 Old Tower Hill Rd., Wakefield
800-498-8930 peoplescu.com

VIRGINIA CAULEY



Virginia Cauley is the acute and savvy owner of Airline Express Limousine, LLC which includes a Silver 2014 Mercedes Benz Sprinter, a 20 passenger "salon", also known as a party bus. Focus is on the safety of transporting families, wedding parties, promgoers, sports enthusiasts, and others to and from events. Passionate about her business, Ginny pays attention to the needs and wants of her corporate and personal clients eliminating any stress and confusion regarding travel plans. Located in the South County area her businesses are fully insured and include a fleet of sedans, SUVs and executive coaches.

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BETH BECKER



Beth, owner of Cool Beans Cafe in Narragansett Pier. Cool Beans Cafe is a classic European style coffee house in a relaxed inviting beachside cafe. We are a true base for the community with music on weekends, providing fundraiser event space and hosting local business promotions. Serving award winning organic coffee, freshly baked treats, bagels, paninis, acai bowls, smoothies, salads and more! We are open 7 days a week from 7am-6pm.

Now serving Beer and Wine!
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COOL BEANS CAFE
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